

## ABSTRACT OF THE DISCLOSURE

Provided herein is a device for altering a tissue in an  
5 individual comprising an applicator, a means to drive the applicator,  
and an abrasive material. The devices can further comprise a  
control means to monitor a physical property of the tissue. Also,  
provided herein is a device for ablating skin in an individual.  
Additionally, methods to use these devices are provided.